

JERSEY-IOM YOUTH EXCHANGE

21ST - 25TH JULY 2025

YOUTH



FREEDOM TO FLOURISH



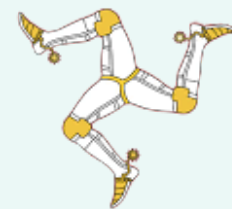
Isle of Man
Government

THE WHY?

- Isle of Man–Jersey Youth Exchange Report 2025

The Isle of Man–Jersey Youth Exchange 2025 marked the revival of a historic collaboration between the two Islands, last held in 2000. This year, 15 young people and several youth workers participated in a week-long programme in Jersey, aimed at developing youth workers, communication, fostering leadership, teamwork, and cultural exchange. The initiative was a resounding success, laying the groundwork for future exchanges and joint youth work initiatives.

Picture shows Bradley Cooper Principal Youth officer Jersey, Nigel Howard Principal Youth Officer Isle of Man, and Mark Capern Director of Childrens Services Jersey.



THE HOW?

Planning & Preparation

Planning involved coordination between the Isle of Man Youth Service and Jersey Youth Service. Young people were selected through a competitive application process on completing their young workforce training program, followed by pre-trip meetings and safeguarding briefings. Logistics included travel arrangements, accommodation, and activity scheduling, with input from partner agencies.



THE WHO?



This exchange was made possible through the dedication and teamwork of youth service staff from the Isle of Man and Jersey Youth Service. The IOM staff team included:- Nigel Howard, Principal Youth Officer, Sophie Lord – Area Youth Worker, North, Millie Wright – Area Youth Worker, South & Martin Macfarlane, Detached Youth Worker. Jersey staff team was Bradley Cooper Principal Youth Officer, Chris Scott Lead Instructor, Sean Kinella Instructor, Lisa Mansell Training Officer, John Scriven, John Cornwall, Josh Jones. Together, they provided guidance, support, and leadership throughout the residential, helping young people navigate new experiences, build relationships, and develop key skills. Their collaborative approach ensured a safe, engaging, and empowering environment for all participants.

AND OF COURSE, ALL OF THE INCREDIBLE YOUNG PEOPLE FROM THE IOM & JERSEY.



PROGRAM OVERVIEW

Activities in Jersey included paddle sports, surfing, abseiling, kayaking, and visits to youth clubs and cultural landmarks. Workshops focused on leadership and teamwork, mirroring the 2000 exchange which featured similar outdoor challenges and group bonding experiences.



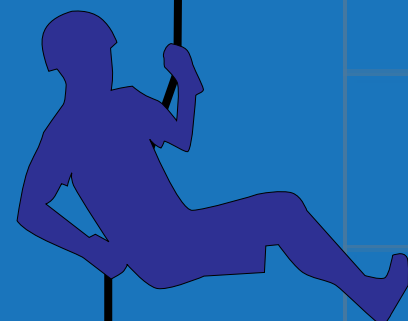


IOM YOUTH SERVICE

JERSEY 2025



	Monday	Tuesday	Wednesday	Thursday
AM Activity	Travel to Jersey	Heritage Site Visit.	Coastal Headland Walk - Plemont	St Aubins Fort - Abseil
Timings	Arriving 1230	0930 - 1230	1000 - 1300	1030 - 1300
Kit Required		Comfortable shoes	Comfortable shoes to walk in / Waterbottle	Closed toe Shoes (not crocs)
Location What3Words		TBC	From - QSJAC tilt.encounter.outlook To - Plemont underpin.lightless.vibes	St Aubins Fort connectors.twirl.tourists Parking donned.sloshed.largely
Lunch	Lunch Location TBC	Packed Lunch	Packed Lunch	Packed Lunch
PM Activity	QSJAC Site Orientation & Highropes	Surfing	Paddle Sports	Petit Tram & Free Time in St Helier
Timings	1430 -1730	1430 -1600	1400 - 1600	
Kit Required	Closed toe Shoes (not crocs)	Swimming costume, towel,	Swimming costume, towel, Old trainers	Spending Money
Location What3Words	QSJAC tilt.encounter.outlook	Splash Surf Centre seeking.unruly.lactate	St Brelades Bay grazed.homebound.onlookers	From St Aubins Fort connectors.twirl.tourists To St Helier vocations.commoners.instincts
PM Activity	Visit to St Marys Youth Club	Young Leader pop up Youth Club	St Brelade Beach Activities / Pizza	QSJAC Activities / BBQ
Timings	1900 - 2100	Dinner 1700 - 1900 Club 1900 - 2130	1630 Beach 1900 Pizza	1730 - Evening
Kit Required	Clothes suitable for a youth club session	Clothes suitable for a youth club session	Clothes suitable for time on the beach / Eating in a restaurant	
Location What3Words	St MarysYouth Club slippage.overwhelms.pampers	Watersplash Diner resize.optics.pocketing	St Brelade Bay highlander.immaculately.victorious	QSJAC tilt.encounter.outlook



ACTIVITIES

All young people were challenged with a range of activities to push themselves out of their comfort zones. The skills they gained were around a range of communication, team work, resilience, and increased confidence. Working with others and building relationships was key to a successful trip.



WHAT PEOPLE SAID?

PRINCIPAL YOUTH OFFICER REFLECTIONS

The Jersey Youth Exchange was a powerful example of collaborative youth work, with staff from the Isle of Man and Jersey working together to create a supportive and engaging residential. Young people—many involved in the Young Workforce program—built strong relationships, embraced new challenges, and demonstrated growing confidence and independence.

Staff facilitated meaningful interactions and encouraged participants to take ownership of daily tasks, such as preparing meals and supporting one another. The exchange not only fostered personal growth but also showcased the potential of these young people as aspiring future youth workers.

Personally for me it was great to be part of this experience and have to say one of the best residentials I have been on...

ISLA

"The Jersey experience was amazing for me, it really made me step out of my comfort zone, and has made me try different activities I never would of done before, it's a really good experience as you can socialize with other young workers and learn or take ideas from what they do."

AMELIA

"The Jersey trip encouraged me to get to know others and learn about different experiences from other youth workers. It also was really fun when doing great activities with others."

GRACIE MAE

"I was petrified to go away with young workers I'd never met yet from the instance I met everyone, it felt like a huge family. It was an unforgettable experience I'll forever cherish."

ISLA

"The Jersey trip was defiantly a step out of my comfort zone, I was nervous about going away with people I didn't know well, but ended up making loads of friends and having loads of fun!"



WHAT PEOPLE SAID?



PHOEBE

"The Jersey trip was amazing I met the most wonderful people from different parts of the Island. It was an unforgettable experience I was nervous at the start getting to know people but i ended up making loads of friends."

BECCA

"It was a great opportunity and I'm so glad I went as it got me out of my comfort zone and everyone was so nice!"

AMELIA B

"What did I learn? During the Jersey trip, I developed my teamwork skills through paddle sports and other collaborative activities. I also gained insight into how youth centres in Jersey operate and how inclusive they are, offering different spaces such as quiet rooms, TikTok areas, and even rock climbing facilities to suit different interests and moods.

My best bits: My favourite part of the trip was the coastal headland walk. I really enjoyed this activity because it allowed me to see so much of Jersey's beautiful scenery. Afterwards, we spent plenty of time on the beach, which was a really fun and relaxing way to end the day.

Relationships and confidence built: Before the trip, I didn't know many people very well, but the experience helped me build amazing new friendships and share unforgettable laughs. It also gave me the confidence to step out of my comfort zone and try activities I'd usually be too nervous to attempt, like the leap of faith and jumping off rocks into the sea."

ZAC

"Being one of only two guys I was sure the week was going to be terrible for that reason but everybody was so nice and welcoming to me and Oisin which I didn't expect at all so thank you to all of you for that, it was amazing meeting you all and plus the week was so awesome with all of the activities planned."

OISIN

"Initially I thought this trip would be solely to develop our knowledge on youth work in other areas. However as the trip went on we had amazing opportunities such as surfing and abseiling, which paired with the lovely weather made this an unforgettable trip. This residential not only informed us on the differences in Jersey, but also showed the similarities of our small islands."

WHAT PEOPLE SAID?



JEWEL

"To be honest once I had reached the airport, on the first day, I was already waiting to go home. However this trip turned out to be one of the best adventures I've had. I did so many things I vowed to never do – like surfing, swimming in the sea and climbing down tall buildings. These brought such positive feelings and made me realise how much I've missed out on life. This trip will remain a core memory for me and will motivate me to get out of my comfort zone which is definitely a key element in youth work. Thank you so much for this opportunity and for encouraging me to face my fears – it was really worth it!"

LAILA

"the trip was unforgettable and an amazing experience i only knew a couple of people properly and knew the other briefly so I thought it was going to be a rough week but id probably say it was the best week of my life. I got along with everyone and have definitely made lifelong friendships. not only that but the people in jersey were all so welcoming and the youth community and clubs were amazing going on this trip has inspired me to become a youth worker in the future and the activities were so much fun."

GRACIE

"1) I had a go at many activities ranging from surfing to abseiling. From these ventures, I learnt the importance of getting stuck in and enjoying yourself. They turned out to be some of the best things I've ever experienced. I also was able to see the other Youth clubs in Jersey. Many had different areas suited to different interests of young ones, for example a Tik Tok room which I thought was insanely cool. It sparked some ideas I'd love to bring to the Islands Youth club centres.

2) One of my best bits has to be Surfing, woweeee what an awesome experience. The amount of falls I had was unreal but it was all part of the fun. I also loved when we were travelling around in our little mini bus belting the tunes! So funny.

3) If I'm being honest, I was so scared for the Jersey Trip, I only knew two other girls from my area and was so anxious about the idea of going away with new people but I'm so glad I did it. It was one of the best trips of my life. I made so many new friends, we had endless laughing attacks and so much fun. I also gained so much confidence through meeting new people and taking part in various activities. What a trip!"

WHAT PEOPLE SAID?



DARCEY

"For me, the Jersey trip was an amazing experience that helped me to step out of my comfort zone by trying new things, going to new places and meeting new people. It also allowed me to learn all about the youth service in other islands, the similarities and differences and gave me some inspiration for what I would like to see in my youth clubs.

I am so glad I had the opportunity to go on this trip, I loved every minute of it."

CIARA

"The Jersey trip sort out such an incredible experience for all of us involved, making long term memories and skills that I will certainly carry with me for the future. The trip enabled me to learn persistence with the various activities such as surfing, as well as the independence to take initiative to ensure I was getting the most out of the experience. With this being encouraged, along with learning and comparing youth clubs between the two places I know understand and can identify the things we can do for our youth clubs. Overall, the trip has given me the drive, the confidence and the knowledge to better understand points of improvement for our clubs and ultimately the trip just showed me the importance of youth clubs for all ages. Not only was it informative it was so fun do the activities and to learn about the culture in Jersey, especially the war tunnels. I am so grateful to have been given the opportunity to go on a trip with such lovely people and would love an opportunity to do it again in the near future."

YOUTH WORKER REFLECTIONS – MILLIE, MARTIN & SOPHIE

"The Jersey Youth Exchange showed what youth work achieves when teams collaborate. Young people built strong relationships and grew in confidence."

"Seeing young people take ownership of daily tasks and support each other was inspiring. The exchange helped them develop as future youth workers."

"This was one of the best residentials I have attended. The collaboration between services was so fun & educational. The young people, staff and overall benefits were outstanding."

JERSEY STAFF REFLECTIONS

"The partnership worked well. Both teams learned from each other and supported the young people throughout the week."

"We hope to see more exchanges like this. The benefits for young people and staff are clear."



OUTCOMES AND NEXT STEPS

Outcomes & Impact

Participants reported increased confidence, stronger peer relationships, and a deeper understanding of youth work principles. Youth workers noted improved collaboration and shared learning across services. The exchange strengthened inter-island ties and set the stage for future joint initiatives, including peer reviews and shared training programmes.

Next Steps

Plans are underway for a return exchange hosted in the Isle of Man. Youth services will collaborate on joint training sessions, peer reviews, and shared resources. Feedback from participants and partner agencies will inform the development of future programmes.

Nigel Howard Principal Youth Officer

